

Grocery Tracker

Grocery Item	Date Purchased	Cost	Reasonably Healthy and Necessary?	If Not Healthy and Necessary, Value Number (1-10)

Grocery Tracker Example

Grocery Item	Date Purchased	Cost	Reasonably Healthy and Necessary?	If Not Healthy and Necessary, Value Number (1-10)
Bread	5/9	\$4.00	Y	
Carrots	5/9	\$1.99	Y	
Asparagus	5/9	\$4.75	Y	
Candy	5/9	\$5.45	N	3
Spinach	5/9	\$3.75	Y	
Apples	5/9	\$6.25	Y	
Soda	5/9	\$6.25	N	5
Water	5/9	\$2.50	Y	
Syrup	5/9	\$4.50	N	8
Cereal	5/9	\$3.75	Y	
Chips	5/9	\$4.25	N	4
Beer	5/9	\$14.99	N	7
Wine	5/9	\$8.99	N	8
Tofu	5/9	\$4.25	Y	
Oranges	5/9	\$6.25	Y	
Chicken	5/9	\$8.75	Y	